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## **Auto-Accident Report**

Patient Name: John Chiro

The accident occurred on 11/1/2007.

Allergies: Dust, Molds

Past Medical Problems: Asthma, Leg Pain, Ulcer/s

Medication: Celebrex (Bone or Joint), Diovan (Cardiovascular System)

Family History: Arthritis (Mother)

John reported the following details about the accident:

Driving Role: The driver with both hands on the wheel

Vehicle Status: At a stop light

Impact Area: Rear bumper

Lighting Conditions: Night

Road Conditions: Dry

Visibility: Good

Opposing Vehicle Type: Large SUV

Opposing Vehicle Speed: 25

Vehicle Speed: 5

Bracing Status: I was aware that the accident was impending, but unable to brace

Headrest Position: Middle

Injury Locations: Back of Neck, Right Leg.

How John was injured during the accident: hit the dashboard, hit the steering wheel.

## **Complaints**

Complaint(s): Leg Pain, Neck Pain

John's leg pain started on 11/1/2007. The pain is also described as numb, sharp and stabbing pain. The pain is rated at a 9 (0 being none and 10 being excruciating). Activity affected level is rated at an 8 (0 being no effect and 10 being no possible activity). Symptoms are getting worse. Ice, pain medicines and stretching make(s) the pain better. Dressing, General Mobility, Light/Sound, Lying down make pain worse.

John's neck pain started on 11/1/2007. The pain is also described as shooting and tightness. The pain is rated at a 9 (0 being none and 10 being excruciating). Activity affected level is rated at an 8 (0 being no effect and 10 being no possible activity). Massage therapy make(s) the pain better. Driving, Mowing, Standing, Working make pain worse.

## **Objective:**

### Palpation

Hypertonicity, restricted motion was found in Lumbar and Cervical regions, Taughtness, tenderness, weakness was found in bilateral L4, bilateral L3, left T5, left C5, left C4.

### Low Back

Abduction Stress is positive on the right with pain radiating to left lower back, Active Leg Raise is positive bilaterally with pain radiating to left lower back, Bechterew's is positive bilaterally with pain radiating to left lower back, Bilateral Leg Lowering is positive on the left with local pain, Burn's is positive on the right with local pain, Ely is positive on the left with local pain.

## Neck

Adson's is positive on the left with local pain, Bakody's Sign is positive on the left with local pain, Cervical Distraction is positive on the right with pain radiating to both sides of head, Eden's is positive on the right with pain radiating to back of head.

## Muscle Strength Exam

Overall muscle strength is decreased.

## Posture Exam

Anterior Hip Rotation (L), Apparent Lumbar Curvature (L).

## Reflexes

Reflexes are normal and graded equal bilaterally, with the exception of: Achilles were +2 (L) and +1 (R), Biceps were +2 (L) and +2 (R), Brachioradialis were +1 (L) and +1 (R), Patellar were +2 (L) and +2 (R), Triceps were +2 (L) and +1 (R).

## ROM

Cervical ROM: Flexion ROM is 40, Normal ROM is 50, Extension ROM is 55, Normal ROM is 60, Left Lateral Flexion ROM is 35, Normal ROM is 45, Right Lateral Flexion ROM is 35, Normal ROM is 45, Left Rotation ROM is 70, Normal ROM is 80, Right Rotation ROM is 70, Normal ROM is 80.

Lumbar ROM: Flexion ROM is 55, Normal ROM is 60, Extension ROM is 25, Normal ROM is 25, Left Lateral Flexion ROM is 20, Normal ROM is 25, Right Lateral Flexion ROM is 20, Normal ROM is 25, Left Rotation ROM is 40, Normal ROM is 45, Right Rotation ROM is 40, Normal ROM is 45.

## **Assessment:**

### Assessment

After today's assessment, Patient's condition has complications because of [input details] auto accident.

## **Procedures:**

### Adjustments

Adjusted bilateral L4, bilateral L3,; Lumbar,; Cervical, left T5, left C5 and left C4 with Activator technique

## **Plan:**

### Spinal Manipulation

Spinal manipulation 3x times per week for 3 weeks;

### Modality/Therapy

Electrical stimulation, Massage and Physical therapy exercises - 3x times per week for 3 weeks